

5.
EDITION



ISTARSKA REGIJONA
ŽUPANIJA ISTRIANA



OPĆINA MEDULIN
Istarska županija



ATLETSKI
KLUB
MEDULIN



Sportska zajednica
Istarske županije



HRVATSKI
ATLETSKI
SAVEZ

sportskazajednica općine medulin



Atletski savez Istre

SATURDAY 15. OCTOBER 2022.



OPEN ISTRIAN CHAMPIONSHIP

CROSS COUNTRY 2022.

6. ROUND OF KVARNER LEAGUE



ARENA
HOSPITALITY GROUP

ARENA CAMPSITES

ARENA HOTELS & APARTMENTS



Medulin Riviera
The blue planet.

KOMPARIĆ
BRAVARSKI OBRT
PULA

AGENCIJA
mediOr
In Medias Res d.o.o.

fm
MEDULIN
95.0
MHZ

HONORABLE ORGANIZING COMMITTEE



RADOVAN KIRIN, the founder of athletics in Istria

„ Since 1955, the first cross-country races have been run in Istria, in Pula, through sports clubs, and at that time there was already a group of excellent runners in Pazin. Since 1961. , cross-country races have been run every year, club and especially numerous school cross-country races. Cross-country races are also held in Medulin, State and Republic championships, and our Istrian runners become national team members and excellent cross-country runners, Tončić, Kalčić, Kercan, Kurto, Jadrejčić, Savić, Banović and others... Later, when I was the secretary of the then popular SOFKA, street races, spring and autumn cross country races were run by all clubs, not only athletics.

Medulin is an athletic mecca, the former training center for athletic teams and famous athletes such as Irena Kirszenstein Szewińska, our friends from the cities of Imola and Noale, and all the great athletic stars of those times... „



PRESIDENT OF THE SPORTS COMMUNITY OF ISTRIA COUNTY, Mladen Pavičević

" Cross country is an ideal athletic discipline for all ages, especially young people who love nature and socializing outdoors. In the Sports Association of the Istrian County, it is extremely important for us to get as many young people involved in sports activities as possible, and cross country makes it possible to do just that. We are especially glad that such a competition is being held on our peninsula, which will bring together a large number of athletes and sports lovers in nature.

Big congratulations to the host Municipality of Medulin and the organizer, the Athletic Association of Istria, for organizing such a competition. "



PREDSJEDNIK SPORTSKE ZAJEDNICE OPĆINE MEDULIN, Bruno Radošević

"On behalf of the Sports Community of the Municipality of Medulin, it is my pleasure to extend a greeting to everyone who will participate in this year's Cross Country in Medulin. I would like to thank all the organizers, primarily the Athletics Association of Istria and the Medulin Athletic Club, because through the organization of this event, important for athletics in our Municipality, we are creating the foundation for social and sport growth."



PRESIDENT OF THE ATHLETIC CLUB MEDULIN, Mate Mezulić

„ I would like to thank everyone who is committed to making this event a tradition here in the Municipality of Medulin, especially the athletes, coaches and supporters. I would like to thank the work of our technical service of the Medulin Athletic Club for the dedication they invest every year without sparing themselves, as well as the organizer, the Athletic Association of Istria. I would like to send a warm greeting to those who will participate in the competition and to the organizers of the organization, which has always been at a high level at such sports events. We eagerly await other sports competitions in our municipality, culminating in 2024 and hosting the World Cross Country Championship."



PRESIDENT OF THE ASSOCIATION OF ATHLETIC REFEREES OF ISTRIA, Mauro Pernić

„ The queen of sports should be respected and we support any branch of athletic competition in Istria. So run, jump and throw all over our Istria so that we can be heard and seen far away. In this way, we teach our young people to be sporty and healthy. And we from the Association of Athletic Referees of Istria are here to support and help young athletes."



PRESIDENT OF THE ATHLETIC ASSOCIATION OF ISTRIA, Elvis Peršić

„ Cross country is an essential athletic discipline, running in nature, on a natural surface, is the best start of an athletic career. Many great talents were discovered precisely at children's cross-country races. Kažela and Medulin are a special story, a paradise for athletics, recreational running in nature and athletic training at the highest level...

I wish everyone much success and welcome to the Istrian Open Cross Country Championship in 2022."

ORGANIZATIONAL COMMITTEE

**President of the organizing committee
and director of the competition**

Elvis Peršić

Deputy director of the competition

Enrico Rudela

Head of logistics of the local community

Mate Mezulić

Competition delegate

Robert Franjković

President of the referee commission

Mauro Pernić

**Manager of time measurement, registration and data
processing**

Svetlana Barać

Doctor

Dr. Ante Valčić

Protocol

Luana Šebalj

The official announcer of the competition

Nenad Seferagić

Secretary Office

Mira Kaurin

Head of the track organization

Ivan Radešić

Coordinators

Marko Milanović

Josip Milanović

Valentina Vuković

Aristea Bilić

Saša Davidović

Starter

Mauro Pernić

Accredited media

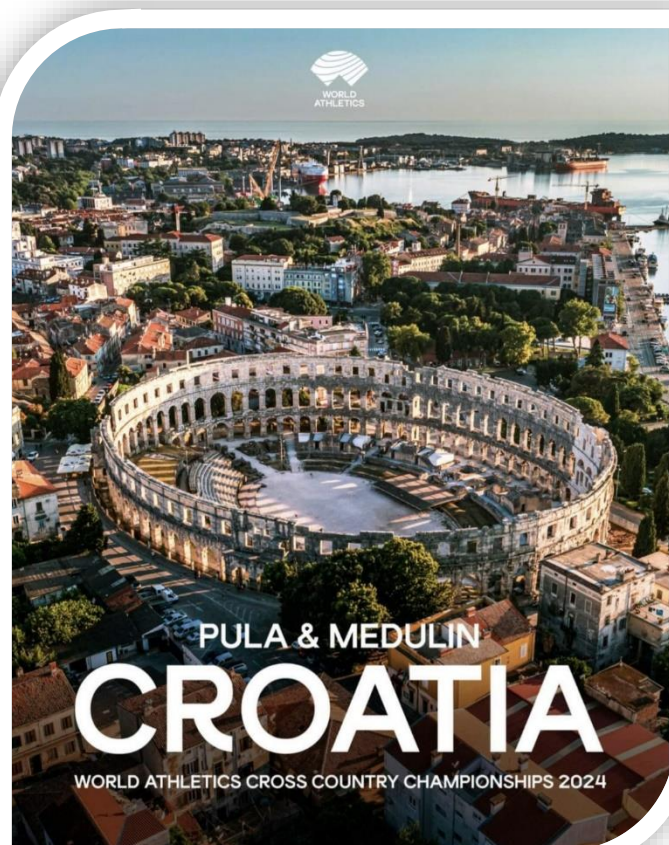
Medulin FM



ISTARSKA
ŽUPANIJA



REGIONE
ISTRIANA



COMPETITION PROPOSALS



THE PLACE OF EVENT: Croatia, Istra, Medulin, camp Kažela – Arena Hospitality group
Eastern part of the camp near „Surf spot Medulin“, Medulin 44.804786, 13.963367

START OF THE COMPETITION: 15.10.2022. (saturday) at 10:30 hours

TECHNICAL MEETING: 15.10.2022. (saturday) at 09:15 technical meeting for clubs and pick up start numbers, the number can be collected personally from 8:00 to 10:00 at the scorer's table.

ORGANISERS: **Atletski savez Istre -Istrian athletic federation** , Velog Jože 3, Pula
technical partner **Atletski klub Medulin – Athletic club Medulin**

INFORMATION: +385/98/421-812 , asi@asi.com.hr , **Elvis Peršić** competition director



[Atletski savez Istre](https://www.facebook.com/Atletski.savez.Istre)



www.asi.com.hr

PROPOSALS:

According to the general rules and propositions of HAS for 2022, The competition is held in 8 categories for men and 8 for women. It is possible to perform in only one category more than the one to which it belongs by age.

- The organizer can combine individual races in case of a small number of registrations.
- Competitors must perform exclusively in the discipline (race) specified in official registration (cannot switch to another race).
- Competitors registered in national athletic federation start from the first row in races **OPEN**.

THE RIGHT TO PERFORM:

According to the general rules and propositions of HAS for 2022,

In **OPEN** category races:

8000m Seniori (M), 8000m Veterani (M),
6000m Seniorke (F), 6000m Veteranke (F),
400m Cicibani (M) i 400m Cicibanke (F),

can run recreationally without club membership and national federation registration, with a mandatory own medical examination and at your own risk.

TRACK:

Cross country, circular path, the largest circle is 2 km long.



Medulin Riviera
The blue planet.



OPĆINA MEDULIN
Istarska županija

sportska zajednica općine medulin

DISCIPLINES and CATEGORIES: CICIBANI (M) and CICIBANKE (F) - 2013. and younger than 10 years

400m

400m

OPEN



LIMAČI (M) and LIMAČICE (F) - 2011. – 2012. , 10 and 11 years

800m

800m

MLAĐI KADETI (M) and MLAĐE KADETKINJE (F) - 2009. - 2010. , 12 and 13 years

1000m

1000m

KADETI (M) and KADETKINJE (F) - 2007. - 2008. , 14 and 15 years

2000m

2000m

MLAĐI JUNIORI (M) and MLAĐE JUNIORKE (F) - 2005. - 2006. , 16 and 17 years

4000m

2000m

JUNIORI (M) and JUNIORKE (F) - 2003. - 2004. , 18 and 19 years

4000m

2000m

SENIORI (M) and SENIORKE (F) – 2002. and older than 20 years

8000m

6000m

OPEN

VETERANI (M) and VETERANKE (F) – 1987. and older than 35 years

8000m

6000m

OPEN

REGISTER:

Online applications at the link:

<http://bit.ly/KrosMedulin2022>

Closing date for applications 12.10.2020. (Wednesday) at 24:00 o'clock.

Late registrations for the race 8000m Seniori / Veterani and

6000m Seniorke / Veteranke are allowed on the day of the race, 15.10.2022.

from 8:00 until 10:00 at the recording desk.

MEASUREMENT OF TIME:

Electronic chips - Chip timing Pula

DATA PROCESSING:

Chip timing Pula, info about entries: <http://bit.ly/KrosMedulin2022Entries>

JUDGE:

The Istrian Association of Athletic Judges

START FEE:

25 Kn (3,5 Euro) per athlete for clubs that are members of the Kvarner League

50 Kn (7 Euro) per athlete for all other clubs and recreational players

75 Kn (10 Euro) per athlete for late registrations on the day of the race until 10:00 a.m.

Clubs members of HAS pay through the issued invoice according to the number of appearances.

Others and recreationists only by payment to the account of the Athletic Association of Istria:

IBAN: HR6524070001100420427

SWIFT: OTPVHR2X

MODEL: HR00 15102022

PURPOSE OF THE PAYMENT: STARTNINA PI KROS 2022.

PRIZES:

The three first place competitors in each discipline will be awarded with ASI medals.

Practical prizes from sponsors.

START NUMBERS:

Start numbers must be returned after the race.

TIME TABLE:

09:15	Tehnickal meeting for clubs
09:30	Gathering of competitors and tour of the track
10:20	Competitors' greeting and opening of the competition
10:30	400m CICIBANKE (F) OPEN
10:40	400m CICIBANI (M) OPEN
	Winner announcement ceremony for Cicibani/Cicibanke
10:50	2000m KADETKINJE (F)
11:05	2000m KADETI (M)
	Winner announcement ceremony for Kadeti/Kadetkinje
11:20	2000m MLAĐE JUNIORKE + JUNIORKE (F)
11:35	4000m MLAĐI JUNIORI + JUNIORI (M)
	Winner announcement ceremony for Juniori/Juniorke
12:00	1000m MLAĐE KADETKINJE (F)
12:10	1000m MLAĐI KADETI (M)
	Winner announcement ceremony for Mlađi kadeti/Mlađe kadetkinje
12:20	800m LIMAČICE (F)
12:30	800m LIMAČI (M)
	Winner announcement ceremony for Limači/Limačice
12:45	8000m SENIORI + VETERANI (M) OPEN
12:50	6000m SENIORKE + VETERANKE (F) OPEN
13:45	Winner announcement ceremony and closing of competition
It is possible to change the hourly rate according to the number of registered competitors	



MAP OF THE RACE:



ZONES OF MOVEMENT AND RESTRICTIONS :



PARKING AND ACCESS TO THE COMPETITION
it is provided at the approaches to the track on the side of the camp, please do not enter in the spectator zone with cars.



TOILETTE, WC and CHANGING ROOMS
Sanitary node number 5

5



LIMITATION OF SPEED OF VEHICLE MOVEMENT
in camping Kažela



START / FINISH PROTOCOL



TEHNICAL MEETING

TRACK: Circular, the largest circle is 2 km long.



ACCOMMODATION OF COMPETITORS AND CLUBS :

Camping Kažela, mobil home

CROATIA

- **Region:** Istra
- **Address:** HR-52203 Medulin, Kapovica 350
- **Telephone:** [+385 \(0\)52 577 277](tel:+38552577277)
- **E-mail:** arenakazela@arenacampsites.com
- **Web:** www.arenacampsites.com

ARENA

HOSPITALITY GROUP

ARENA CAMPSITES



ARENA CAMPSITES



ACCOMMODATION OF COMPETITORS AND CLUBS :

Hotel PARK PLAZA BELVEDERE CROATIA

- **Region:** Istra
- **Address:** HR-52203 Medulin, Osipovica 33
- **Telephone:** +385 (0)52 572 001
- **E-mail:** ppbmres@parkplazacroatia.hr
- **Web:** www.arenahotels.com/hr/hotel/park-plaza-belvedere

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